



## STEPWATCH<sup>TM</sup> CARRIER Quick Reference

### THE MODUS STEPWATCH™ CARRIER IS COMPATIBLE WITH THE STEPWATCH™ 3 ACTIVITY MONITOR produced

by both Orthocare Innovations and modus health IIc. The carrier is designed to improve the look of the StepWatch™ 3 device and to help guide the wearer on proper StepWatch™ orientation with a clear "UP" directional arrow (♠) and logo graphic on the front of the carrier.

THE CARRIER IS OPTIONAL AND NOT REQUIRED FOR PROPER USE OF THE STEPWATCH™ 3. Without the carrier, the StepWatch™ 3 may be used in the classic form described in the StepWatch™ 3 Activity Monitor User Manual.

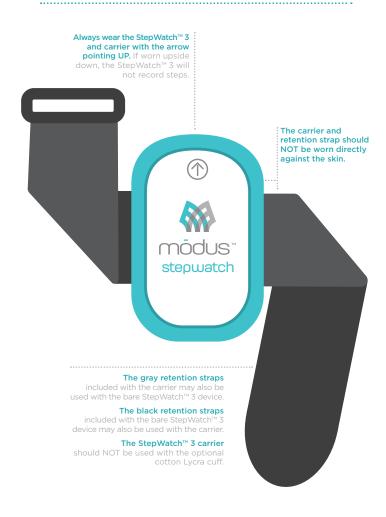
### Always wear the StepWatch™ 3 and carrier with the arrow pointing UP. If worn upside down, the StepWatch™ 3 will not record steps The carrier and retention strap should NOT be worn directly against the skin. stepwatch The gray retention straps included with the carrier may also be used with the bare StepWatch™ 3 device. The black retention straps included with the bare StepWatch device may also be used with the carrier. The StepWatch™ 3 carrier should NOT be used with the optional cotton Lycra cuff.

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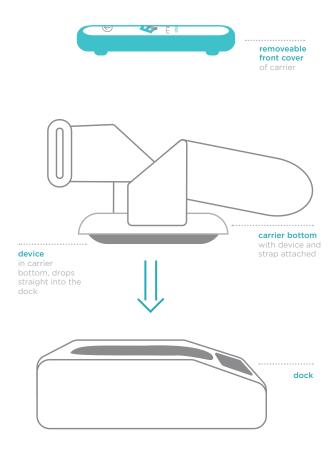
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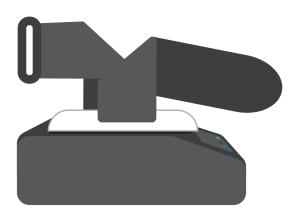
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THE STEPWATCH™ 3 DOES NOT NEED TO BE REMOVED FROM THE BACK (WHITE) PORTION OF THE CARRIER FOR PROGRAMMING AND READING. To program or read the StepWatch™ 3 device, simply remove the front carrier cover (teal) and place the device on the dock as shown. When finished, snap the front cover back into place.





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